

Spring 2024



OUTREACH

**THE QUARTERLY MAGAZINE FROM NORLEY METHODIST
CHURCH**

**MORNING WORSHIP
HOLY COMMUNION
BAPTISMS & WEDDINGS
WEBSITE**

**10.45am
ONCE A MONTH
BY ARRANGEMENT WITH THE MINISTER
<http://www.norleymethodistchurch.org.uk>**

MINISTER

**THE REVEREND NEIL STACEY
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**NORTH CHESHIRE
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Dear Friends,

I am writing this letter just before the beginning of Lent, during which many Methodist churches up and down the country will be reflecting on different Bible readings in the light of Charles Wesley's famous hymn, "Love divine, all loves excelling." Simply because the hymn talks about love, it has been a favourite 'wedding hymn' for many people over the years. Yet it is much more than that. 'Love divine' puts into words some of the most important themes preached by Charles' brother, John Wesley (the founder of the Methodist movement). Firstly, it celebrates the love of God – seen most of all in the life of Jesus Christ. Wesley preached that the love of God was not reserved for a chosen few' – instead, it was ***for all***: "pure, unbounded love thou art". This theme continues to be at the heart of our message as a church today: that in Jesus Christ God offers life-enriching love to each and every one of us, each and every day of our lives.

But the hymn goes even further. It speaks about the way that the love of God can change our lives. Wesley preached that, if we allow God to work in us, our lives may be changed by God's Spirit so that they become more Christ-like. Being 'perfect', in Wesley's eyes, is not a matter of being "holier than thou". It does not mean being better than others. It doesn't mean knowing the right answer to every biblical question in the local pub quiz! It means that your life shining with the love of Jesus, to help others to know more of that love for themselves: "changed (by God's work in us) from glory into glory" until we are "lost in wonder, love and praise".

When we tell the story of the life of Jesus – and especially when we recall the final days of his earthly life – we are reminded that this is not simply a gentle story of romantic love. In a broken world, a divided and sometimes brutal world, living a life which aims to reach out to comfort and change the lives of others for the better is costly. Inviting others – especially those who enjoy the benefits of power – to show more generosity in sharing the earth's gifts can lead to conflict. For Christ himself it led to his death on the Cross. Yet the power of God's love in Christ was shown to be unstoppable. Even as the world crucified him, his love for all the world was on display. And on Easter Day those who thought that their world had collapsed because of his death discovered new life in his risen life.

All this leads me to wish ***you*** a very happy Easter! May you be touched by God's love in Christ; and may your life shine with the light of the risen Christ.

Rev J. Neil Stacey

Congratulations to .

- **Jean Dunning** who reached her **90th** birthday on **11th** February. Truly wonderful.
- **Shelley and Kevin** who are delighted to announce the birth on **28th** November of



Talya Durmus, weight **7lbs 9ozs,** **Philippa and Ugur's first baby.**



Shelley and Kevin arrived in Turkey late November and stayed until the end of December. After a week in intensive care Talya came home on 5th December and is doing really well.

- **Riley O'Brien** (who was **7** on **26th** December), **Thea Hilditch** (who was **7** on **12th** January), and **Clara Turnbull** (who was **5** on **17th** January).

In Our Thoughts....

- **June Fay's** family following her death on the **4th** January after a short spell in palliative care in **Widnes.** Her funeral was held on the **6th** February. June was a member of our church for many years and had moved to **Widnes** to be near her family following the death of her husband **Dennis,** but remained a member of **Norley.**
- **James Dale** who at the time of writing is back home again but has been in and out of hospital for the past few months.
- **John Salter** who remains very unwell and has moved to **Redwalls** in **Cuddington .**
- **Shelagh Salter** who has been diagnosed as seriously ill and is at home being cared for by her daughter
- **Gladys Archer's** family after she passed away on **27th** November
- A number our congregation have been suffering with illnesses – **Christine Gleave** with *sciatica,* **Vaughan Wynne** with *shingles* and **Judy Smith** with *pneumonia* as well as numerous cases of *Covid.*

Please remember them in your prayers.

Pastoral Piece

Thank goodness we are out of the month of January. It always seems an extra-long month. Takes me back to my working days - we always got paid before Christmas week, then it seemed like an eternity until the end of January to get paid again. (Happy Days).

The world is still in chaos, will peace ever come to those war-torn cities? We can only continue to pray for them all.

We also have social problems ourselves in the UK with stabbings etc. I hope someone can come up with some answers for the young people..

On a bit of a brighter note it's lovely to see the snowdrops out and spring bulbs popping up. Just like our Pastoral team, keeping in touch with people and helping hands ready if required. We continue to send flowers and cards for different occasions.

If you know of anyone who may need just a friendly phone call, please get in touch. Loneliness can be so sad.

I think I have prattled on enough. I hope you and your families keep well through the rest of our winter months,

May God watch over you all.

My verse for this edition ...

If you want to know if the best way to start your day is by saying 'Thank you for all of this' the answer is yes.

Find a quiet moment today to simply relax and do some stress free unwinding, Take some deep breaths. Distance yourself from any distraction, and just quietly, sweetly, and very peacefully celebrate...the miracle that you are.

You are blessed to be here and when you hit the pause button you have a perfect opportunity to remember that.

Words by Douglas Pagels

Margaret Hogan 2/2/24.



Solar Panels Update

At the end of February by the time this magazine is published, the solar panels will have been in service for 12 years. A reading will be submitted shortly, but up until 3 months ago we had generated over 40,000Kwh of electricity and have received over £21,900 from our investment of £7,500 with another 14 years of generation to get paid for
Bruce Lane



Carol-singing December 18 around the Christmas Tree

We had a splendid evening of carol-singing which began in the church garden until the blustery winds drove us inside, followed by refreshments and the short journey to the Tiger's Head where the singing resumed for a while, shared by some who had come for a quiet meal, but much enjoyed by all. Many thanks to the anonymous donors of the mince-pies which accompanied the coffee and tea, to Lesley and Michael



Gough who served them, to Jean Dunning for emerging from retirement to lead the garden singing and to everyone who came to sing.

The Concert in Church on December 15



We were wonderfully entertained at our recent concert in aid of Christian Aid by the Keith Singleton Jazz Trio (Keith, Mike and Robin) and their vocalist Annie Long, folk-singer/guitarist Gus Glynn and our own Michael Gough. The church was full and the 60 or so people who came along thoroughly enjoyed the varied musical programme, some responding to the encouragement to join in the seasonal songs led by Annie and the Trio. We are hugely grateful to Michael for arranging the event - these things don't just happen!

Candlelit Carol Service

December 17 took place at 4pm as advertised and was well attended. The candlelit church after dark is a magical occasion and many thanks to John Bell for organising the service and to all the readers who read the lessons so well. As is becoming the practice, the candles were again used to illuminate the church for the Christmas morning service ably led by Michael Gough before we all went off for our Christmas lunches.



First Wednesday Walks

The December walk was organised by John and Sylvia. Meeting up at Whitegate railway station, a group of ten of us made our way to the old Whitegate station, now a cafe, and started the morning with a much appreciated coffee and biscuits before heading off along the Whitegate Way.

Originally a railway line for trains carrying salt and passengers between Winsford and Cuddington, this level path is ideal for those of us of a certain age.

The physical exercise element satisfied for the day we then made our way to the Hanging Gate for a well-deserved meal.

To ensure that our energy levels and any weight loss were fully replenished the entire group retired gratefully to Sylvia and John's abode for mince pies, cake and coffee, so to begin our Christmas celebrations.

Words by Garry



In January the first Wednesday walk was on the second Wednesday! Heather & Anthony led our 10 walkers along the banks of the River Weaver to Vale Royal Lock. Our group had divided into three distinct groups walking to their abilities. The weather was very kind to us although it was slightly chilly. We were rewarded with the sight of a Kingfisher, a couple of Herons, a Cormorant, many Swans & Cygnets & the usual Mallards & Coots. We were also greeted by a couple of Norley residents walking with the Mid Cheshire Walking Group from the other side of the river whilst enjoying their egg sandwich picnic. After the walk we were joined by two more members for lunch at The Kingfisher.

Words by Anthony, Photo by Garry

In February Bruce and Ruth led a walk through the Northwich woodlands attended by 12 walkers. The previous day had poured with rain all day, as did the following day, but the sun shone on a fine day for the walk itself.

The walk started from the Mill Bridge Car Park near Aldi in Northwich and went round Neumann's Flash, visiting the bird hides on the way round. We were fortunate indeed to see a female sparrow hawk at the first hide, along with tufted ducks, a great crested grebe, Canada geese, a swan, numerous black headed gulls and a robin.

The walk was short – only 2.4Km for some, but the bulk went round Ashton Flash as well to extend the walk to 3.6Km (2 miles in old money). Surprisingly most of the group had never been on this walk before.

We repaired to the Tiger's Head in Norley for lunch, where we were joined by Betty Knight. A good time was enjoyed by all.

Words by Bruce



Photo by Garry

Future walks are planned for

March 6th led by Peter & Sheila

April 3rd led by Garry & Vaughan

May 1st led by Richard & Di

Hope to see you there.

Bruce Lane

The Church Leadership Team



The CLT met twice during the quarter. At the first meeting on 12 December the CLT

- agreed to phase out communion wafers to precut cubes of bread after the covenant service.

- agreed that the Digital Music system should be used by the stewards for 1 hymn each week from the end of the current plan.

- decided that the additional questions now raised for a further safeguarding audit could be dealt with by a virtual Church Council in January

- noted that the appointment of Neil as our Authorised Person for Same Sex Marriages had not yet been confirmed. (subsequently

resolved)

- approved Lesley's offer to generate a draft policy document for sharing information.

- were updated by the property steward on progress reported elsewhere in this edition.

- noted a letter Michael Gough had received from the Squirrels Pre School currently operating out of the Delamere Park Community Centre. After 40 years, they have to leave their existing premises in May 2024 and are keen to explore if moving to Norley Methodist Church for the 39 week per year Monday to Friday from 8.30 – 3.30 was attractive to both parties. A sub-group of Michael Gough, Ruth Lane, John Dimelow and Lesley Gough agreed to explore the feasibility and report back to the CLT by the end of January.

- decided as a consequence, the meeting of those in the village interested in the Café Project would be put on hold until these discussions were resolved

The second meeting on February 1st

- concluded after a long debate about the Squirrels Pre School where the sub-group detailed their findings that the idea had to be taken to the Church Council meeting in March with the recommendation regrettably that this was not for us, being too disruptive to the activities of the church.

- decided that the planned meetings about the potential use of the ODR as a café could now go ahead.

- approved a quotation presented by the property stewards for plumbing work to restore heat to the kitchen and lounge as mentioned in the property report.

- set Sunday June 9th as the date for the annual church meeting to be led by Neil

- received an update from Neil on the progress in stationing for next September, which remains very fluid.

Finance Review

It's still too early to give a full half-year report – that will be presented to the Church Council in March – but as other contributions to Outreach reveal, we have enjoyed some splendid events which have raised funds for external charities and incurred significant property expenses, some planned and some not.



Donations made to external charities from September to the end of January, including gift-aid where possible, were as follows:

£1168.75 to West Cheshire Foodbank, including Harvest gifts.

£962.50 to Christian Aid, from the Christmas Concert + £125 personal donation.

£325 to Samaritan's Purse, with the shoeboxes.

£275 to Mid-Cheshire Samaritans, from the carol-singing evening.

£275 to All We Can (MRDF as was), from the Christmas Day collection.

£100 to OPAL, at Coffee+ in December.

This all adds up to £3106.25 – an extraordinary achievement, for which many thanks to all. In addition, the Church Council made donations to Englesea Brook Chapel and Museum of £200 and to Norley News of £100.

On the property front (planned), the costs associated with the Open Door Room facelift amounted to £3674 and we were generously given grants from the circuit (£1000) and the district (£2000) on the basis that the project is enhancing the church premises for mission. The secondary double-glazing in the church cost £3195 and was funded from drawing down surplus balance from the CFB deposit account. The outcome of these welcome initiatives is that the deposit account now holds just the amount we need to retain for reserves.

Unplanned property expenses relate to the boiler (ensuring that its fires up on all occasions, £540) and the central heating pipework (£101 so far but will rise towards £1500 as plumbing and electrical works are completed). No cause for financial alarm, as the reserves will tide us over, but the treasurer will continue to monitor the situation as always.

John Bell, February 2024

Church Calendar

March – May 2024

Date	Time	Preacher	Activity
March			
1 st	1.30pm		World Day of Prayer service at St Luke's Church, Frodsham
3 rd	10.45am	Paul Wilks	Lent 3 - Worship at Norley Methodist
6 th	10.00am		First Wednesday Walk
10 th	10.45am	Rosemary Wass	Lent 4 – Mothering Sunday worship
12 th	7.00pm		Norley Church Council
16 th	10.00am		'Coffee Plus'
17 th	10.45am	Neville Ford	Lent 5 worship
24 th	10.45am	Elizabeth Holmes	Lent 6 – Palm Sunday worship
27 th	12.15pm		'Soup and Pud' Lunch
29 th	11.00am	Rev'd Sue Levitt	Good Friday worship
30 th	10.00am		Decorate the church for Easter
31 st	10.45am	Rev'd David Copley	Easter Sunday worship with communion
April			
3 rd	10.00am		First Wednesday Walk
6 th	10.00am		'Coffee Plus'
7 th	10.45am	Michael Gough	Morning worship
14 th	10.45am	Janet Batey	Morning worship
18 th	7.30pm		Preachers' meeting at Caldley Valley
20 th	9.30am		Synod in North Cheshire Circuit
21 st	10.45pm	Ruth Lane	Morning worship
24 th	12.15pm		'Soup and Pud' Lunch
28 th	10.45am	Rev'd Neil Stacey	Church Anniversary with communion
May			
1 st	10.00am		First Wednesday Walk
5 th	10.45am	John Evans	Morning worship
8 th	6.30pm		Church Leadership Team Meeting
11 th	10.00am		'Coffee Plus'
12 th	10.45am	Andrew Ellams	Morning worship
18 th		Rev'd Neil Stacey	Wedding at church
19 th	10.45am	Rev'd Peter Levitt	Pentecost worship with communion
22 nd	12.15pm		'Soup and Pud' Lunch
26 th	10.45am	Rev'd Neil Stacey	US with The Hurst at Norley Methodist
June			
5 th	10.00am		First Wednesday Walk
9 th	10.45am	Rev'd Neil Stacey	Morning Worship followed by Annual Church Meeting
18 th	7.30pm		Circuit Meeting at Norley
25 th	7.00pm		Norley Church Council



Update from the Spiritual Committee

We give thanks for our continuing witness as a Methodist Society in Norley.

Our **Christmas** celebrations, enjoyed by many, included Carol Singing 'around the tree', a candle-lit Carol Service, and a fund-raising concert for Christian Aid which raised c. £950.

Our **Covenant Service** was held on 7th January and led by

Rev'd David Copley.

As we approach **Lent** this year the conflicts of the world are very much in our thoughts. Without peace we are diverted from so many other concerns and situations. We pray that God will gift our leaders the wisdom of Christ and raise-up the 'peacemakers'.

Our theme for Lent is 'liberation', in all its forms. Each of the six weeks of Lent will be marked with a particular context of liberation:

- **Poverty:** "Whoever is kind to the poor lends to the Lord and will be repaid in full." (Proverbs 19:17)
- **Injustice:** '... what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?' (Micah 6:8)
- **Conflict:** 'The wolf shall live with the lamb, the leopard shall lie down with the kid, the calf and the lion and the fatling together, and a little child shall lead them.' (Isaiah 11:6)
- **Ill-health & Disability:** 'I praise you, for I am fearfully and wonderfully made. Wonderful are your works' (Psalm 139:14)
- **Climate-Change:** 'that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God.' (Romans 8:21)
- **Self:** 'Create in me a clean heart, O God, and put a new and right spirit within me. Do not cast me away from your presence, and do not take your holy spirit from me. Restore to me the joy of your salvation and sustain in me a willing spirit.' (Psalm 51:10-12)

Our Lent liturgy will feature seven candles, with one being extinguished each week and on Good Friday.

- **Good Friday:** Jesus said, 'I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.' (John 13:34-35)

All seven candles will be re-lit on Easter Sunday.

- **Easter Sunday:** For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. (John 3:16)



Lent 2024 starts on Ash Wednesday (14th February), and our services during March are as follows:
Lent 3, 3rd March; Lent 4, 10th March; Lent 5, 17th March; 24th March, Palm Sunday; 29th March, Good Friday; Rev'd Sue Levitt 11am, 31st March, Easter Sunday; Rev'd David Copley; Additionally, the service on 'Mothering Sunday' (10th March) will be led by Mrs Rosemary Wass (a previous Vice-President of the Methodist Conference)

May God richly bless you this Easter.

Michael Gough

 **World Day of Prayer Service** 

**1.30pm Friday 1st March
at
St Luke's Church, Frodsham**

This year the service has been prepared by the Christian women of Palestine

Everyone is invited to attend this very pertinent act of worship

Contact Lesley if you'd like a lift

**Church Council Meeting
Tuesday 12 March**

- Our next church council meeting will be held on Tuesday 12 March starting at 7pm (in the open-door room)
- Would members please contact Lesley if they are unable to attend, or if they have items they wish to be discussed.
- Lesley.gough@mail.com



Soup and Pudding Lunches

The soup and pudding lunches have now reached their first anniversary – so it's a good time to provide an update!

We have an average of 18-20 people attending the monthly lunches – with a good representation from the Wednesday Club, together with members and friends of Norley Methodist Church. The selection of soups and

puddings may vary from month to month, but the buzz of conversation and the fellowship shared is always the same – wonderful! We do have space for just a few more people – so if you've been thinking about coming along, you'll be very welcome.

Making it all happen, is the team of 'souperstar' volunteers – so a huge thank you to Di, Heather, Gay, Mike, Michael, Ruth and Shelley who all regularly help by providing the delicious soups and puddings, serving and clearing up; Ruth and Alison who 'meet and greet' and lead the grace; and Yvonne, who sets the tables and does a great job making

Soup and pudding lunch dates

**Wed 27th March
Wed 24th April
Wed 22nd May
at 12.15pm
Everyone welcome!**



the room look so attractive. And finally, of course, a big thank you to everyone who attends!

Lesley

Coffee + Saturdays

In December, we marked the first anniversary of our monthly Saturday morning Coffee+ gatherings. They continue to be a great opportunity to get together for an informal chat over coffee and cakes/home baked goodies.

Although the regular attendees are member of the congregation we have had a number of visitors from the village, a long

distance cyclist and we also had the opportunity to get to know Judy's daughters better when they came and joined us.



Norley Methodist Church

Coffee +

10.00 – 12.00

Saturday 16th March

Saturday 6th April

Saturday 11th May

No charge – donations welcomed

Thanks to everyone for their support and various contributions - whether baking, making coffee or helping with the set up/clear down - and special thanks to Ruth L for the taxing quizzes, and to Michael Gough for providing live music on numerous occasions which is always much appreciated.

Ruth Hosker

Norley Community Café Update March 2024

“Our aim would be to provide a warm and welcoming environment for members of the local community in the church building and its grounds, where friendships can be enjoyed, developed and, if required, support offered or signposted to those in need.”

Unfortunately, there was a delay in setting up the forum suggested in the November's Outreach edition, in which people from Norley were to be asked to give us their ideas on the Café. However, we were able to hold this event on Saturday 10th February, and I think all who attended from both Norley Methodist Church and the 9 guests found it positive and useful.

We primarily examined what would be the key factors that would make the Norley Café an attractive venue for all ages, looking at the venue itself, the products to be served and any “add ons” that would make people want to use it on a regular basis.

Importantly, we also looked at the way forward in developing the Café with some members of the community, and the next steps needed in preparing a plan to take this initiative forward.

We will be asking the Norley Methodist Church Council (which meets on March 12th) to consider some of the suggestions/ideas which came from the recent forum and to determine an appropriate way forward.

Mike Wilson

Good Friday Service Friday 29th March at 11am

- This year's service will be held at 11am
- Rev'd Sue Levitt will lead the service
- Come early for a seat at the back



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Come and help decorate the Church for Easter

- Saturday 30th March
- 10am – 12am
- Your help will be most welcome
- Contact Heather for details





Easter Sunday Service

31st March 10.45am

- David Copley will lead the service
- The Sacrament will be given
- Come celebrate Christ is Risen

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Christian Aid Week May 12-18 2024



Christian Aid (CA) exists to ‘create a world where everyone can live a full life, free from poverty.’

The year in numbers 2022-2023:

- 3.3m people benefited from our interventions
- 275 projects were implemented globally
- £90.6m was raised throughout this year

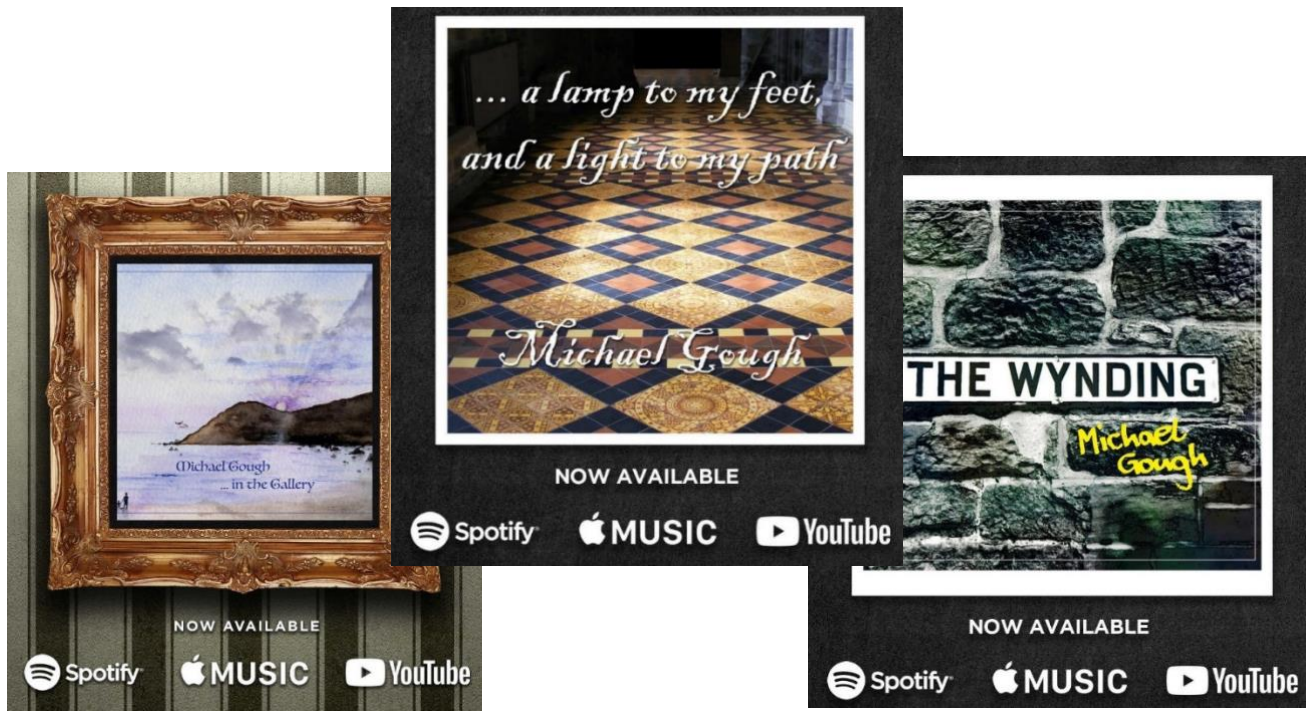


The money raised in 2023 for Christian Aid Week is helping create long-term change for Malawian farmers.

This year, CA Week is 12-18 May 2024. More details will follow on our website:

www.norleymethodistchurch.org.uk

and on Facebook: @Norley Methodist Church



Michael donates the profits from the sale of these CDs to Christian Aid

Property Matters

Since the last Outreach it has been an even busier time for the property stewards

John Dimelow has taken over as the lead property steward from 1 Jan 2024 from Bruce who will be a property consultant to John.

Upgrading the Open Door Room (ODR)

The internal ODR redecoration is now complete, and the piano has been removed. The electrical cable rerouting has been completed by Mike Wilson, for which many thanks, so the upgrading is virtually complete. Just the brown panelling needs refreshing

Secondary double glazing of the small windows in the main church

Following the grants from the Circuit and District towards the upgrading of the ODR the secondary double glazing in the main church has been completed having been previously provisionally approved by the Church Council and paid for from our reserves.

Heating Problems

You will remember that the ODR heating was partially restored in October but without the kick heater in the kitchen, the lounge radiator, and those in front of the toilets and in the vestry. In this last quarter a convector heater has been purchased and installed in the space in front of the toilets to replace the radiator, now removed, and an estimate approved for the restoration of heating in the kitchen and the lounge. An installation date is awaited.

In addition, the gas valve on the boiler has been replaced last month and the notice board plastic cover sheet has been renewed.

The other remaining jobs planned for the connectional year are the installation of a double socket by the toilets for the new heater, where a quotation has been accepted and the work is likely to be complete before this magazine reaches you, and the completion of the exterior redecoration snagging list.

John and Lewis have redecorated the vestry over the last 2 weeks to excellent effect and are planning some redecoration of the kitchen once the plumbing work is completed.

Bruce Lane



RNIB

See differently

RNIB
The Grimaldi Building,
154a Pentonville Road,
London N1 9PE
rnib.org.uk
RNIB Helpline: 0303 123 9999
helpline@rnib.org.uk

Dear Supporter

Thank you so much for supporting RNIB's fundraising and sending us your donation of used postage stamps. We really do appreciate your time, and be assured that the funds raised will help us create a world without barriers for people with sight loss. Unfortunately due to the sorting process we are unable to give you the values of an individual donation of stamps.

£40 would help provide RNIB's Talking Book Service to one blind or partially sighted customer for an entire year which is just two kilograms of donated used stamps! Your involvement can help more people living with sight loss access vital RNIB services such as Talking Books.

"I was in despair after finding that I could not read a book or any document again or read what I am writing. You have given me so much pleasure with the selection of talking books you send me... Thank you very much for all the trouble you take for me. It makes my life so much happier."

Talking Books customer.

It would be great if you could also spread the word to your family, friends and colleagues about this appeal, in case they have stamps they could also send us. Let us know if you need more envelopes or even a display collection box for a public area such as a reception. You can order these by emailing RNIBstamps@rnib.org.uk or calling our helpline on 0330 002 0051.

Thanks again for your support.

Yours sincerely,

Fundraising Manager
RNIB



© RNIB registered charity in England and Wales (226227), Scotland (SC039316), Isle of Man (1226). Also operating in Northern Ireland.

Heather and Anthony recently received this letter from RNIB after sending off the collection of used stamps from Church.

Every 2Kg of used stamps can supply the Talking Book service to a blind person for a whole year.

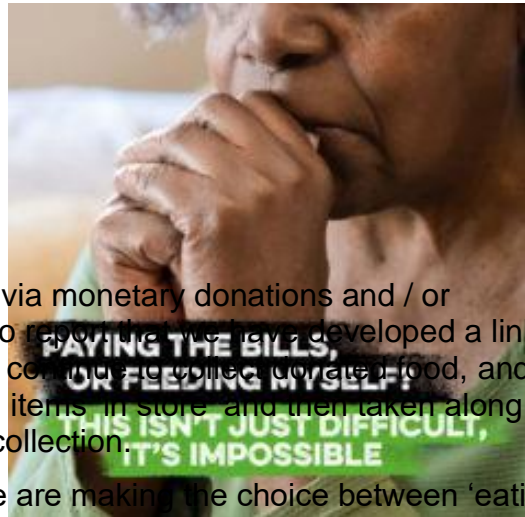
Can you boost our collection?

Annual Church Meeting – Sunday 9th June

- The Annual Church Meeting will follow the morning service on the 9th June.
- Everyone who attends Norley Methodist Church is invited to attend and to be part of the discussion where we look back over the year and consider key issues for our Church, agree which external charities we will support, and elect our Stewards and Church Council members for the coming year.
- Please come along and be part of the conversation!



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Thank you to everyone for your continuing support via monetary donations and / or donation of food and other items. We are pleased to report that we have developed a link with the new proprietors of Norley Stores, and they continue to collect donated food, and monetary donations which are 'converted' into food items in store and then taken along to the depot in Ellesmere Port together with our own collection.

With the cost-of-living crisis, more and more people are making the choice between 'eating or heating' and having to cut back the amount they have available to spend on food, reliance on the foodbanks continues to grow. In the last 6 months, the West Cheshire Foodbank has seen over 1100 first time referrals for assistance.

What's in a food parcel?

The Food banks have worked with nutritionists to make sure that the food parcels supplied by food banks in our network contain at least three days' worth of nutritionally balanced meals for individuals and families. These emergency food parcels are not designed to meet long-term need – that's why food banks also offer additional support like debt advice where possible.

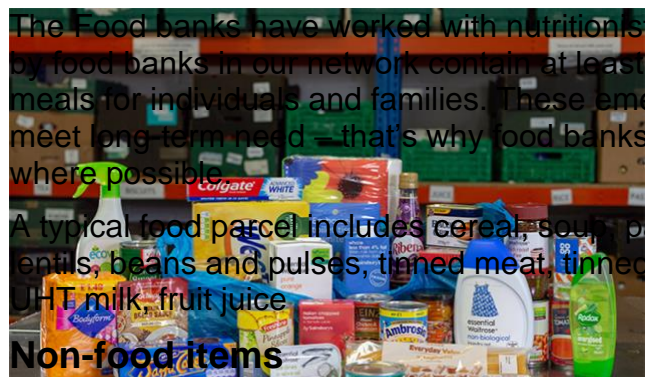
A typical food parcel includes cereal, soup, pasta, rice, tinned tomatoes/ pasta sauce, lentils, beans and pulses, tinned meat, tinned vegetables, tea/coffee, tinned fruit, biscuits, UHT milk, fruit juice.

Non-food items

It's natural that the first thing anyone thinks to donate to a food bank is food, but toiletries and hygiene products are also extremely important. Alongside the standard food parcel food banks try to provide other essential non-food items to adults and children in crisis.

These include: toiletries – deodorant, toilet paper, shower gel, shaving gel, shampoo, soap, toothbrushes, tooth paste, hand wipes, baby wipes, nappies, detergent, washing up liquid and baby food.

Your donations, in whatever form, are always gratefully received.



Coffee and Flower Rotas

March – May
2024



Special	Date		Preacher	Coffee Rota	Flower Rota
Lent 3	March	3 rd	Paul Wilks	Heather & Anthony	Eileen Burrows
Lent 4	March	10 th	Rosemary Wass	Mike & Gay	Joan Barclay
Lent 5	March	17 th	Neville Ford	Alison & Yvonne	Alison Twinn
Palm Sunday	March	24 th	Elizabeth Holmes	Mary & John	Ruth Lane
Good Friday	March	29 th	Sue Levitt		
Easter Day	March	31 st	David Copley	Di & Richard	Everybody
	April	7 th	Michael Gough	Vaughan & Yvonne	Christine Gleave
	April	14 th	Janet Batey	Peter & Sue	Ruth Hosker
	April	21 st	Ruth Lane	Heather & Anthony	Heather Davies
Church Anniversary	April	28 th	Neil Stacey	Mike & Gay	Lesley Gough
	May	5 th	John Evans	Mary & John	Gay Wilson
	May	12 th	Andrew Ellams	Alison & Yvonne	Sue Levitt
Pentecost	May	19 th	Peter Levitt	Di & Richard	Beryl Richards
US at Norley	May	26 th	Neil Stacey	Vaughan & Yvonne	Eileen Burrows

Norley Church Stewards Rota

March – May 2024



Date		Special	Preacher	Music	Stewards		
					Church	Welcome	Communion
March	3 rd	Lent 3	Paul Wilks	Jean	Lewis Dimelow & Philip Garner	Yvonne	
March	10 th	Lent 4	Rosemary Wass	John	John & Mary Dimelow	Joan	
March	17 th	Lent 5	Neville Ford	Lesley	Ruth Hosker & Philip Garner	Mike & Gay	
March	24 th	Palm Sunday	Elizabeth Holmes	Jean	Ruth Lane & Mary Dimelow	Vaughan	
March	29 th	Good Friday at 11am	Sue Levitt	John	Ruth & Bruce Lane	Alison	
March	31 st	Easter Day	David Copley	Saro	Bruce & Philip	Alison	Alison & Yvonne
April	7 th		Michael Gough	Lesley	Ruth Hosker & Lesley	Philip	
April	14 th		Janet Batey	Jean	Lesley & Lewis	Molly	
April	21 st		Ruth Lane	Jean	Bruce & Lewis	Oliver	
April	28 th	Church Anniversary	Neil Stacey	John	Lesley & Lewis	John Dimelow	Alison & Yvonne
May	5 th		John Evans	Jean	Philip & John Dimelow	Yvonne	
May	12 th		Andrew Ellams	Jean	Ruth Hosker & Philip	Mike & Gay	
May	19 th	Pentecost	Peter Levitt	Lesley	Mary & John	Philip	Alison & Yvonne
May	26 th	US with The Hurst at Norley	Neil Stacey	Alan	Ruth Lane & Ruth Hosker	Joan	

